



## CHEF'S GOURMET DU JOUR MENU

### Just heat and serve

Janssen's Market offers a wide variety of chef-made gourmet-to-go entrées, side dishes and salads, from black bean salad to prime tenderloin and sweet chili tuna to fresh-cut fruit salad. Whether you're having guests for dinner or just dining at home with your family, we've got something to suit every taste. Plus, see inside for a complete gluten-free menu!

**Check back daily for the latest in our fresh-made, exceptional fare!**

[WWW.JANSSENSMARKET.COM](http://WWW.JANSSENSMARKET.COM)  
3801 KENNETT PIKE | GREENVILLE, DE 19807 | (302) 654-9941



# CHEF'S GOURMET DU JOUR MENU

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Friday July 30, 2010

*\*Please note, menu subject to change*

*\* Gluten Free*

## ENTREES

### CHICKEN

Almond Chicken  
Sesame Chicken  
Sun Dried Tomato Chicken  
Ginger Lime Chicken  
Orange Ginger Chicken  
Chicken Roulade w/ Broccoli Rabe, Roasted Red Pepper & Mozzarella  
Chicken w/ Spinach Crab Imperial  
Chicken Quarters ( Honey Lime\*)  
Game Hen (Oriental Sesame)

Turkey Meatloaf

### Miscellaneous

Mini Quiche

### FISH & SEAFOOD

Salmon (Poached\*, Blackened\*, Lemon Pepper\*, Santa Fe\*)  
Tilapia (Francaise, Herb Breaded)  
Flounder (w/ Crab Imperial)  
Scallops (Lemon Dill\*)  
Sashimi Tuna\*  
Crab Cakes\*

### PORK

Bone In Pork Chop (Balsamic, Mandarin Orange  
Sesame Ginger, Honey BBQ)

### BEEF

Meatloaf\*  
Salisbury Steak  
Flank Steak (Honey Garlic)  
Roasted Tenderloin\*

## SIDE DISHES

### VEGETABLES

Grilled Asparagus\*  
Roasted Butternut Squash\*  
Roasted Broccoli w/ Garlic\*  
Broccoli Rabe\*  
Balsamic Chippolini Onions\*  
Honey Glazed Carrots\*  
Green Bean Almondine\*  
Sesame Green Beans\*  
Spicy Green Beans  
Eggplant Parmesan  
Sautéed Spinach & Garlic\*  
Ratatouille\*  
Tomato Mozzarella Salad\*  
Porto Bello w/ Spinach, Peppers, Onion & Monterey Jack\*  
Zucchini w/ Spinach, Mushrooms, Roasted Red Pepper & Mozzarella\*

### POTATOES

Plain Mashed Potatoes\*  
Roasted Fingerling Potatoes\*

### PASTA

Honey Lemon Bowtie  
Sun Dried Tomato Linguine  
Penne Arugula  
Mushroom Risotto

### RICE/GRAINS

Wild Rice Pilaf\*  
Saffron Rice\*  
Fruited Wild Rice\*  
Wheatberry Salad

## SALADS

Chicken Salad (Traditional\*, Brandywine, Chateau\*, Southwestern)  
Rosemary Turkey Salad\*  
Tuna Salad (Traditional\*, Yellow Fin\*, No Relish\*)  
Potato Salad (Traditional\*, Sour Cream & Chive\*, German, Blue Cheese)  
Coleslaw  
Macaroni Salad

Egg Salad\*  
Tortellini Pasta Salad  
White or Black Bean Salad\*  
Beet Salad\*  
Cucumber & Tomato Salad\*  
Traditional Seafood Salad  
Lobster, Shrimp & Crab Salad

